

# English Martyrs' Catholic Primary School

Loving Jesus, Loving Learning, Loving Life

# Welcome to Year 5

Curriculum Information Evening 2024



#### What we will cover...

- Meet the staff
- School BBCET
- Core Values/Ethos
- Curriculum / timetables
- Expectations home/school
- Lunches
- Website/Communication
- Parent Survey
- 'Online support drop-in'





# Meet the staff

Mrs Watts - Upper Key Stage 2 Phase lead

5C- Mr Coalter- Class Teacher 5M- Miss Madsen - Class Teacher

Mrs Hawkins- HLTA

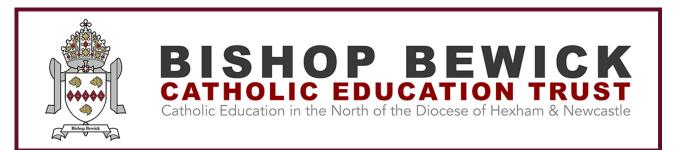
Mrs Sutcliffe - Teacher Mrs Clarke - Music Teacher











http://www.bishopbewickcet.org/





## Safeguarding

Our school recognises our moral and statutory responsibility to safeguard and promote the welfare of all pupils. We will endeavour to comply with best practice and provide a safe and welcoming environment where children are respected and valued. We will be alert to the signs of abuse and maltreatment and will follow our procedures and government guidance to ensure that children receive effective support, protection and justice.



## Mental health and Well-being

At English Martyrs' we are passionate about building strong mental wellbeing and resilience in all our pupils. This is why as a school we have embraced Zumos as a major part of our school's pastoral care. Zumos is a leading online wellbeing system that is CAMHS kitemarked and was developed as part of the HeadStart project.







#### Our Core Values

Our Core values underpin our expectations for Behaviour & Conduct.
They strive to enable everyone to 'BE' happy here at English Martyrs' and 'BE' the
best version of themselves.



#### BE-attitudes'- our Core Values

Our most important Be-attitude is:

"Do to others what you would have them do to you."

Malthow 75

Thus us supported and underpinned by the gospel values outlined in the Beatstudes

Be Gentle - we don't hurt athers Be Just - we are honest and don't tell lies Be Compassionate- we are supportive and comfort each other

Be Merciful – we don't hurt anyone's feelings Be Humble – we celebrate everyone's gifts and talents Be Peacemakers – we listen to each other.

Be Pure – we are kind Be Courageous - we stand up for what is right



As a Catholic School we have the Catholic mission at our very core.

Everyone in school is expected to actively follow and live out our mission statement: "Loving Jesus, Loving Learning, Loving Life."

We achieve our Mission Statement by following the Beatitudes as the foundation blocks of all we do. The Beatitudes give us the ATTITUDES that we want to BE.

We have Be-attitudes for Behaviour and Conduct (Our Core Values), Beatitudes for Learning and Beatitudes for Teaching.



#### Curriculum

At English Martyrs' we recognise that we are building the foundations for life-long learning with Christ at the centre. We want to capture and nurture a love of learning that our pupils will carry with them as they grow. We therefore strongly believe that learning should be memorable, hands on, active and challenging. Our curriculum is carefully designed to focus on the 'whole child', and harness all their unique gifts, talents and interests.

Our curriculum will maximise opportunities for children to:

- develop inquisitive minds, a spirit of curiosity and a passion for learning
- be equipped with the skills to fully participate in an ever changing world
- be respectful and productive members of the community
- have high expectations and self-belief to enable them to reach their full potential
- reflect on their learning and seek to extend themselves mentally, physically and spiritually and be aspirational
- uphold the Catholic ethos of the school whilst respecting their own cultures and beliefs and those of other people
- persevere and see any mistake making as a positive opportunity for new learning
- develop an understanding and respect for the environment and God's creation and their role of responsibility for its stewardship
- have the courage and confidence to take calculated risks and to apply their skills, knowledge and understanding to any problem-solving task.





# Values Curriculum Living the Beatitudes

At English Martyrs' Catholic Primary School, it is our aim to raise standards by promoting a school ethos which is underpinned by core values (BE attitudes). These values support the development of the whole child to enable them to be the best version of themselves.

Our curriculum is designed around the Beatitudes from Matthew's Gospel, which have been shaped into 8 core values. We aim to support all children's social, moral, spiritual and cultural development as well as their understanding and use of British Values.

- As adults, we (all staff) try to live the values: we teach best by being role models.
- Our BE-attitudes curriculum is delivered during monthly House Group session. Each House group has pupils from Reception to Year 6.
- The session will follow a clear structure, giving opportunity for discussion, information sharing, reflection and prayer.
- Sources of evidence are used to construct arguments and aid discussion which helps us to understand that we are all part of a diverse community, that we have a role to play and that we are enough.
- We all have unique talents, to work as a team, and we are greater working together then acting in isolation.







### English - Reading

- apply their growing knowledge of root words, prefixes and suffixes
- continuing to read and discuss an increasingly wide range of fiction, poetry, plays, non-fiction and reference books or textbooks
- reading books that are structured in different ways and reading for a range of purposes
- increasing their familiarity with a wide range of books, including myths, legends and traditional stories, modern fiction, fiction from our literary heritage, and books from other cultures and traditions
- recommending books that they have read to their peers, giving reasons for their choices
- identifying and discussing themes and conventions in and across a wide range of writing
- making comparisons within and across books
- learning a wider range of poetry by heart
- preparing poems and plays to read aloud and to perform, showing understanding through intonation, tone and volume so that the meaning is clear to an audience



### English - Reading

- understand what they read by:
  - checking that the book makes sense to them, discussing their understanding and exploring the meaning of words in context
  - asking questions to improve their understanding
  - drawing inferences such as inferring characters' feelings, thoughts and motives from their actions, and justifying inferences with evidence
  - predicting what might happen from details stated and implied
  - summarising the main ideas drawn from more than one paragraph, identifying key details that support the main ideas
  - identifying how language, structure and presentation contribute to meaning
- discuss and evaluate how authors use language, including figurative language, considering the impact on the reader
- distinguish between statements of fact and opinion
- retrieve, record and present information from non-fiction
- participate in discussions about books that are read to them and those they can read for themselves, building on their own and others' ideas and challenging views courteously
- explain and discuss their understanding of what they have read, including through formal presentations and debates, maintaining a focus on the topic and using notes where necessary
- provide reasoned justifications for their views.



### English - Writing

- plan their writing by:
  - identifying the audience for and purpose of the writing, selecting the appropriate form and using other similar writing as models for their own
  - noting and developing initial ideas, drawing on reading and research where necessary
  - in writing narratives, considering how authors have developed characters and settings in what pupils have read, listened to or seen performed
- draft and write by:
  - selecting appropriate grammar and vocabulary, understanding how such choices can change and enhance meaning
  - in narratives, describing settings, characters and atmosphere and integrating dialogue to convey character and advance the action
  - précising longer passages
  - using a wide range of devices to build cohesion within and across paragraphs
  - using further organisational and presentational devices to structure text and to guide the reader [for example, headings, bullet points, underlining]

In Year 5, we continue to follow the Talk4Writing scheme in our writing lessons.





#### English - Writing

- evaluate and edit by:
  - assessing the effectiveness of their own and others' writing
  - proposing changes to vocabulary, grammar and punctuation to enhance effects and clarify meaning
  - ensuring the consistent and correct use of tense throughout a piece of writing
  - ensuring correct subject and verb agreement when using singular and plural, distinguishing between the language of speech and writing and choosing the appropriate register
  - proof-read for spelling and punctuation errors.

#### English - Spelling

- use further prefixes and suffixes and understand the guidance for adding them
- spell some words with 'silent' letters [for example, knight, psalm, solemn]
- · continue to distinguish between homophones and other words which are often confused
- use dictionaries to check the spelling and meaning of words
- use the first three or four letters of a word to check spelling, meaning or both of these in a dictionary
- use a thesaurus.





#### **Mathematics**

Number and place value

- read, write, order and compare numbers to at least 1 000 000 and determine the value of each digit
- count forwards or backwards in steps of powers of 10 for any given number up to 1 000 000
- interpret negative numbers in context, count forwards and backwards with positive and negative whole numbers, including through zero
- round any number up to 1 000 000 to the nearest 10, 100, 1000, 10 000 and 100 000
- solve number problems and practical problems that involve all the above
- read Roman numerals to 1000 (M) and recognise years written in Roman numerals.

#### Addition and subtraction

- add and subtract whole numbers with more than 4 digits, including using formal written methods (columnar addition and subtraction)
- add and subtract numbers mentally with increasingly large numbers
- use rounding to check answers to calculations and determine, in the context of a problem, levels
  of accuracy
- solve addition and subtraction multi-step problems in contexts, deciding which operations and methods to use and why.



#### **Mathematics**

#### Multiplication and division

- identify multiples and factors, including finding all factor pairs of a number, and common factors of two numbers
- know and use the vocabulary of prime numbers, prime factors and composite (nonprime) numbers
- establish whether a number up to 100 is prime and recall prime numbers up to 19
- multiply numbers up to 4 digits by a one- or two-digit number using a formal written method, including long multiplication for two-digit numbers
- multiply and divide numbers mentally drawing upon known facts
- divide numbers up to 4 digits by a one-digit number using the formal written method of short division and interpret remainders appropriately for the context
- multiply and divide whole numbers and those involving decimals by 10, 100 and 1000
- recognise and use square numbers and cube numbers, and the notation for squared (2) and cubed (3)
- solve problems involving multiplication and division including using their knowledge of factors and multiples, squares and cubes
- solve problems involving addition, subtraction, multiplication and division and a combination of these, including understanding the meaning of the equals sign
- solve problems involving multiplication and division, including scaling by simple fractions and problems involving simple rates.



#### **Mathematics**

#### Fractions

- compare and order fractions whose denominators are all multiples of the same number
- identify, name and write equivalent fractions of a given fraction, represented visually, including tenths and hundredths
- recognise mixed numbers and improper fractions and convert from one form to the other and write mathematical statements greater than 1 as a mixed number
- add and subtract fractions with the same denominator and denominators that are multiples of the same number
- multiply proper fractions and mixed numbers by whole numbers, supported by materials and diagrams
- read and write decimal numbers as fractions [for example, 0.71 = 100 71]
- recognise and use thousandths and relate them to tenths, hundredths and decimal equivalents
- round decimals with two decimal places to the nearest whole number and to one decimal place
- read, write, order and compare numbers with up to three decimal places
- solve problems involving number up to three decimal places
- recognise the per cent symbol (%) and understand that per cent relates to 'number of parts per hundred', and write percentages as a fraction with denominator 100, and as a decimal
- solve problems which require knowing percentage and decimal equivalents of  $\frac{1}{2}$ ,  $\frac{1}{4}$ , 1/5, 2/5, 4/5 and those fractions with a denominator of a multiple of 10 or 25.



#### Measurement

- convert between different units of metric measure (for example, kilometre and metre;
   centimetre and metre; centimetre and millimetre; gram and kilogram; litre and millilitre)
- understand and use approximate equivalences between metric units and common imperial units such as inches, pounds and pints
- measure and calculate the perimeter of composite rectilinear shapes in centimetres and metres
- calculate and compare the area of rectangles (including squares), and including using standard units, square centimetres (cm²) and square metres (m²) and estimate the area of irregular shapes
- estimate volume, for example, using 1 cm<sup>3</sup>
- blocks to build cuboids (including cubes) and capacity [for example, using water]
- solve problems involving converting between units of time
- use all four operations to solve problems involving measure [for example, length, mass, volume, money] using decimal notation, including scaling.





#### <u>Properties of Shapes</u>

- identify 3-D shapes, including cubes and other cuboids, from 2-D representations
- know angles are measured in degrees: estimate and compare acute, obtuse and reflex angles
- draw given angles, and measure them in degrees (°)
- · identify:
  - angles at a point and one whole turn (total 360°)
  - angles at a point on a straight line and 2 1 a turn (total 180°)
  - other multiples of 90°
  - use the properties of rectangles to deduce related facts and find missing lengths and angles
  - distinguish between regular and irregular polygons based on reasoning about equal sides and angles.

#### Position and direction

 identify, describe and represent the position of a shape following a reflection or translation, using the appropriate language, and know that the shape has not changed.

#### **Statistics**

- solve comparison, sum and difference problems using information presented in a line graph
- complete, read and interpret information in tables, including timetables.





## Religious Education

Standards for Primary Religious Education - KS2

By the end of age phase, pupils will be able to:

	Skill areas	H1
Understanding book)	Developing Knowledge and Understanding	Show knowledge and understanding of a range of scripture passages that corresponds to the scripture source used.  Show knowledge and understanding of:  a range of religious beliefs those actions of believers which arise as a consequence of their beliefs the life and work of levy figures in the history of the People of God what it means to belong to a church community religious symbols and the steps involved in religious actions and worship, including the celebration of the Sacraments
ATE financially and Understan (Number plant)	Making Links and Connections	Show understanding of, by making links between:
	Historical Development	
	Religious and Specialist Vocabulary	Use religious vocabulary widely, accurately and appropriately
	Meaning and Purpose	<ul> <li>Compare their own and other people's responses to questions about each of the areas of study in relation to questions of meaning and purpose</li> </ul>
ATI Engagement and Response (Neaming Scon.)	Beliefs and Values	<ul> <li>Show understanding of how own and other's decisions are informed by beliefs and moral value</li> </ul>
	Use of Sources as Evidence	Use sources to support a point of view
ATB: Analysis and Evaluation	Construct Arguments	Express a point of view and give reasons for it
	Make Judgements	Arrive at judgements
Septem 1	Recognise Diversity	Recognise difference, comparing and contrasting different points of view.
ATB	Analyse and Deconstruct	





## Science

UNIT		LESSC	DNS			
1. Liv	ving Things and their Habitats	1.	Mammalian life cycle			
(in	ncluding humans)	2.	Amphibian and insect life cycles			
		3.	Birds			
		4.	Reproduction in plants			
		5.	Reproduction in animals			
2. Pr	operties and changes of materials	1.	Physical properties			
		2.	Solutions			
		3.	Separation techniques			
		4.	Uses of materials			
		5.	Reversible and irreversible changes			
3. Ea	arth and Space	1.	The solar system			
		2.	Day and night			
		3.	The Moon			
		4.	Constellations			
4. Fo	orces	1.	Gravity			
		2.	Friction			
		3.	Air resistance			
		2. Amphibian and insect 3. Birds 4. Reproduction in plants 5. Reproduction in animal f materials 1. Physical properties 2. Solutions 3. Separation techniques 4. Uses of materials 5. Reversible and irrevers 1. The solar system 2. Day and night 3. The Moon 4. Constellations 1. Gravity 2. Friction 3. Air resistance 4. Water resistance				
		5.	Levers, pulleys, and gears			





## History



Why was the Early Islamic Civilisation Empire a significant turning point in history?



How powerful was the Early Islamic Civilisation and how significant was trade in this?



Who was Muhammad and why was he so significant?



Who lead the Early Islamic Civilisation after Muhammad's death?

How significant

When and how did the Early Islamic Civilisation begin?

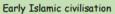


Why was the establishment of Baghdad so significant to the rise of the Early Islamic Civilisation?

was the House of Wisdom?



Summer 1



Why was the Early Islamic Civilisation a significant turning point in history?



What impact did the Vikings have on Britain?



What did the Vikings believe and how did this change?

What was the significance of the Viking raid in

793?



What impact did the monks of Lindisfarne have on the local and wider community?



How did

arrive in

Anglo-

Saxon

England?

Christianity



#### Spring 1

Vikings Who were the

Vikings?

How did the Vikings attack Britain?





Power



What was the significance of Lindisfarne for the Anglo Saxons?



What was life like in an Anglo-Saxon settlement?



Who were the Anglo-Saxons and why did they come to Britain?

Autumn 1



Key themes | Beliefs Society Settlement Conflict **Empire** 



## Geography

-	5	Climate around the World  - Understanding climate and the equator  - Climate zones around the world  - Hot deserts  - Temperate climates  - Cold environments	Energy - Why do we need energy? - Non-renewable energy – what's the problem? - Renewable energy – looking to the future - Conserving energy	Coasts - The NE coast - Famous coastlines - Erosion at the coast - The disappearing coast
- 1				

Autumn 2 Spring 2 Summer 2







#### <u>RSE</u> Online Parent Portal



Online Parent Portal



As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

Ten Ten have provide an Online Parent Portal which parents & carers can use throughout the year to keep you informed and updated about the work we are doing in school.

Login credentials for our school:
Username: Your Parent Login Username is - english-martyrs

Password: Your Parent Login Password is - heart-5





## Day-to-day Expectations

#### Classroom

- Follow directions first time
- Listen when others are speaking
- Raise your hand before you speak
- Work quietly and do not disturb others
- Keep hands, feet and objects to yourself
- Show respect for school and personal property

#### Being prepared

- Arrive on time (8.40 8.50)
- Come to school in PE kit on PE day\*
- No backpacks or unnecessary items in school
- Use school issued water bottle
- No earrings/jewellery
- Correct uniform black school shoes - trainers for PE days only





## Beatitudes for learning



#### BE-attitudes' for Learning

Our most important Learning Be-attitude <u>isc</u>

"Living a life worthy of God's calling ... with humility, gentleness, patience and love" (Ephesians 4.)

Theo is supported and underpinned by our Curriculum aims ......

Be Curtous

Be Knowledgeable

Be Adventurous

Be Ambitious

Be Creative

Be Collaborative

Bo Reflective

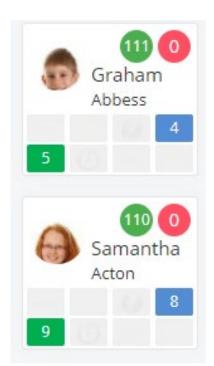
Be Positive







## Class Charts / house points / Star & Saint awards











## Curriculum overview - Map

Subject Area	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
RE	- Ourselves - Life Choices	- Life Choices - Judaism - Islam - Hope	- Mission - Memorial Sacrifice	- Memorial Sacrifice - Sacrifice	- Transformation - Freedom and Responsibility	- Freedom and Responsibility - Stewardship
Literacy	Fiction  EACHER  - Losing tale - Description  Non-Fiction	Fiction Zelda Claw - Journey/quest - Suspense - Description  Non-Fiction	Fiction The Time Slip Pocket Watch - Portal story - Characterisation - Description Non-Fiction	Fiction Oliver Twist - Rags to riches - Characterisation - Dialogue	Fiction Beetle Boy - Journey - Dialogue - Openings and Endings  Non-Fiction	Fiction Beowulf/The Bear - Conquering the monster - Action - Suspense Non-Fiction
	Snoozatron - Explanation	Walter Tull - Biography	Instructions – link to art - Instructions	Should children attend school? - Discussion	Beetles - Non-chronological report	Wolves reintroduced? - Persuasion - speech
	<u>Poetry</u> Heroes Benjamin Zephaniah - Vocabulary	Poetry Macavity T.S. Elliot - Vocabulary	Poetry The Magic Box Kit Wright - Vocabulary	Poetry Diary Poem Julius Caesar - Narrative Poetry	Poetry Anglo-Saxon Riddles Anonymous - Riddles	Poetry I wandered lonely Wordsworth - Poetry appreciation
Quality Text Novel	EACTHER Cogheart	Varjak Paw	The Nowhere Emporium	Street Child	Beetle Boy	The Wolves of Willoughby Chase
Maths	<ul> <li>Place Value</li> <li>Addition and Subtraction</li> <li>Multiplication and Division</li> </ul>	Multiplication and     Division     Fractions	Multiplication and     Division     Fractions	Percentages and     Decimals     Perimeter and     Area     Statistics	- Shape - Position and direction	- Decimals - Negative Numbers - Converting Units
Science	Living Things and their Habitats (including humans)	Properties and changes of materials	Earth and Space	Forces	Forces	Working Scientifically
Geography		Climate around the world		Energy		Coasts



## Curriculum overview - Map



## English Martyrs' Catholic Primary School Loving Jesus, Loving Learning, Loving Life

History	Anglo Saxons		Viking Britain		Ancient Islamic	
					Civilisations	
Art	Drawing		Paint		3D	
DT		Structures: Frame		Food: Celebrating		Electrical Systems:
		Structures (Bridge		Culture and		More Complex
		building project)		Seasonality		Switches and Circuits
PE	Tag Rugby	Basketball	Gymnastics	Hockey	Dance	Athletics
Computing	Information	Information Technology	Computer Science –	Information	Computer Science –	Information
	Technology		Coding &	Technology	Theory	Technology
		Game creator	Computational Thinking			
	Databases			Word processing -	Sharing Information	3D Modelling
			Coding	Word		
MFL	Greetings	Ask and answer	Ask and answer	In the sea	Likes and dislikes	Ask and answer
	Paris landmarks	questions	questions	In the woods	Ask and answer	questions
	Classroom Instructions	Animals – in the garden	Animals	Animals and colours	questions	Describe countries of
	Locations on a UK map	Colours	Colours		Animals	the UK
	Asking questions	Knowledge about	Paris landmarks			Describe myself, my
		France				home and my garden
PSHE	Being Me in My	Celebrating differences	Created to Live in the	Dreams and goals	Created and loved by	Healthy Me
	World/ Created to		community		God	
	love others					
Music	Penny whistle	Penny whistle	Penny whistle	Penny whistle	Penny whistle	Penny whistle





## Weekly Timetable

#### Year 5 Timetable - Week 4 - 23.9.24

Day	8.40-	8.50 -	9.45	9.45 - 10.45	10.45	11.00-12.00			1.	1.15 - 2.05		2.10 - 3.00	
	8.50				-				0				3.00-
					11.00				0-				3.20
									1.1				
									5				
	Re	W/S	Pre-	English	Br	Maths	L	1	W	History	В	RE	Cla
Mon.	gis	Wors	Teac		ea		и		e		r		ss
	tr	hip	hing	Hot Task -	k	Round within 100,000	n	0	d	Lesson 2	а	LF6	Fo
	ati			independent losing			С	0	i		i		cus
	on			story focussed on			h	=	t		n		tim
	&			memory.				_	а		Ь		e
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## Weekly Timetable

			English	Maths	s	W	RE		Art	
Wed.	K5					е				
CC out AM	assembl		Success criteria and	End of unit		d	LF6 -		Drawing	
	y plus		editing	assessment		i	Footprints in		techniques	
	hymn					t	the Sand			
	practice					а				
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	RE	Arithme	English	Maths		M	Music		PE	
Thurs.		tic				e				
PPA	Reflecti	(30mins	Hook lesson -	Mental Strategies		d	PPA		PPA	
	ve grid	)	Snoozatron			i				
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	Home	Guided	Maths	House groups			PSHE	В	Celebration	
Fri.	work	Reading		,				r	assembly	
Examen			Add whole numbers			Te	nTen-Module 1-	e	,	
			with more than four				nit 1 – Task 3	а		
			digits					k		
							French			
						Mar	dule 1 – Lesson 3			
						MO	(30 mins)			
							(30 mins)			



#### Homework

Homework will be given out on Friday.

#### Homework:

- Spellings (physical copy and online on Spelling Frame)
- 1 workout from each of the CGP books: Maths, English and Comprehension.
- Reading books

#### Reading Books

 Reading books are changed on Friday. If support unavailable, they will be changed on Monday.

#### Log ins:

Times Tables Rock Stars; Spelling Frame; Oxford Reading Buddy





#### **Assessment**

Maths - PUMA

English - PIRA

Grammar, Punctuation and Spelling - GaPS

Writing - Independent writing





# Uniform

#### General uniform BOYS & GIRLS

Royal blue sweatshirt - at least 1 embroidered with school logo OR Royal blue cardigan embroidered with school logo

Light blue polo shirt - with or without embroidered school logo

Grey trousers, Grey shorts (in summer) Grey skirt or pinafore for girls

Light blue/white gingham dress (in summer)

Black or dark coloured shoes (no trainers)\*

Blue or Black plain Headscarf (for Muslim girls)

Please note that LEGGINGS are NOT part of our school uniform

\* Trainers for PE days only



https://www.emcps.co.uk/web/school\_uniform/42813

You can purchase school uniform from Top Class Uniforms who are a locally based firm.

4 Moulton Place, Blakelaw, Newcastle, NE5 3RL Telephone No: 0191 271000 Website: www.tcuniforms.co.uk





# PE Kit

#### PE (children to come dressed in PE kit on PE day)

BOYS & GIRLS

White/blue T shirt (boys and girls)

Royal blue or black shorts

Black or navy track suit or jogging pants

School sweatshirt or dark coloured hoodie.

Training shoes



PE kit



Barana Andrews





Every child in Reception, Year 1 and Year 2 will receive a free hot nutritious school meal as part of the Universal Free School Meals initiative which was introduced in 2014. You may also wish to apply for benefits related free school meals, and if you qualify you will also receive supermarket vouchers during the school holidays.

Once your child enters into Key Stage 2 (Year 3) you have the choice of your child taking a packed lunch or continuing with school meals. Please note whatever option you choose this needs to be a weekly pattern, i.e. if you want to change from packed lunch to school meals or vice versa you would need to give school at least 1 week's notice of the change.

Please note if you are not eligible for free school meals and would like your child to have a hot meal you will need to create an online account to pay for your meals weekly in advance. The current cost for school meals is £11.00 per week.

Please contact the school office on 0191 274 7463 or by email to office@emcps.co.uk who will provide further details and account information to create your online account.



#### Food contained in a packed lunch

If you choose to provide your child with a packed lunch, in KS2 - it is expected that the food contained in the packed lunch is consistent with the nutritional standards based on the Eat Well plate model and the School Food Trust quidelines.

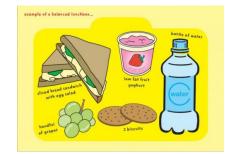
At English Martyrs' we encourage healthy eating, so if your child is having a packed lunch, in keeping with our healthy eating policy, their packed lunch could include:

- A sandwich or starchy salad (e.g. pasta/potatoes/rice)
- 2 fruit or veg
- Yogurt or cheese
- A drink
- Other items such as seeds, bread sticks, oat flapjacks, banana bread etc.

PLEASE NOTE: Chocolates, cakes and fizzy drinks are NOT allowed in packed lunches and will be sent home.









https://www.nhs.uk/change4life/recipes/healthier-lunchboxes



#### School Website

https://www.emcps.co.uk

Important to check school website regularly as key information will be uploaded here, including; Messages from Miss Elliott and SLT, policy updates, dates/times of events - much more!

## **Facebook**









- Tapestry is a secure online Learning Journal to record photos, observations and comments to build up a record of your child's experiences during their time with us at English Martyrs'.
- Tapestry is a website which can be accessed on a computer or laptop, and also on any Apple or Android device such as a tablet or smart phone.
- Parents and carers are given their own log-in using their email and password (which is pre-set by us but can be changed by you to make it more secure). All our staff are given a secure log-in. They can then upload observations, photos or videos; recording children's achievements and assessing their learning





# Thank you for your continued support.







# Parent/Carer Survey



